

Kaz & Laura's

Chill & Chat Monday

Every Monday 1pm-3pm

starting on Monday 6th January

At The Learning Room
Stonemill Terrace
Lancashire Hill,
Stockport
SK5 7SA

A new wellbeing group with a focus on positive thinking, with optional take home activities.

For people to connect and improve their wellbeing whilst getting any support and guidance that they might need.

Come for a brew, chat and cake

